

Year 4 - RSHE (Relationship, Sex and Health Education)

Dear Parents and Carers,

Since September 2020, Relationships Education, Health Education, and Relationships and Sex Education became compulsory in England.

Our Federation uses the PSHE Jigsaw programme and it is tailored to meet:

- Our pupils' age and maturity levels;
- Every pupil's learning needs;
- What pupils need to know to be healthy and safe in school, in their personal relationships and in the wider, ever changing world

Where parents once had the choice to remove their child from all RSHE lessons each year, the vast majority of what is now required of schools is **statutory** and must be taught to all pupils. You cannot withdraw your child from Science, Relationships and Health Education lessons as it is important that all children receive this content, covering topics such as friendships and how to stay safe. We feel this is an extremely valuable part of your child's education and will ensure children are learning scientific facts about this topic, in a safe learning environment.

As a school, we have chosen to continue to teach Sex Education in year 6, as we believe this is also an important part of all children's education – enabling us to ensure the content is taught sensitively and accurately, rather than through hearsay and often inappropriate/ inaccurate online 'content'.

We have now updated our RSHE policy to include our proposed new curriculum.

Year 4 will learn about:

Unique Me	Science	Understand that some of my personal characteristics have come from my birth parents.
Girls and puberty	Science Relationships and Health Education	Describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this.

Children will be taught in a variety of mixed and same gender classes.

Year 4 will also be taught about inappropriate touching and being confident to say no. Teachers will be using age appropriate planning and resources from NSPCC. Please go to the link below for more information.

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

For further information about PSHE and Jigsaw, please go to the Jigsaw page on our website: <https://www.daubeney.hackney.sch.uk/curriculum/jigsaw>

Yours sincerely,



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