

27th September 2022

Dear parent or carer

At Daubeney Primary School we are committed to improving support for our students' emotional and mental wellbeing, and therefore are excited to be working with the Wellbeing and Mental Health in Schools (WAMHS) initiative. This has been set up by the CAMHS (Child and Adolescent Mental Health Services) Alliance to help schools help their pupils. Hackney Education also supports this work in a number of ways.

We have a CAMHS link worker Annie McHugh, who comes to school regularly to support school staff & pupils. Our CAMHS link worker helps us to think about our students' needs in school, how to best support them, and how to refer them to specialist services if they need more help. This might mean school staff discussing pupils with the CAMHS link worker to decide what help needs to be given. The CAMHS link worker also advises school about how to make school a success for all our pupils – this is called a 'whole school approach'.

At Daubeney Primary School we will also have help from another CAMHS team working with schools, the Mental Health Support Team (MHST). In addition to supporting the whole school work they will be able to offer direct support to pupils and their parents/carers when having problems with their emotional wellbeing. By direct support we mean, taking part in a group or having some sessions with a CAMHS worker. With your agreement it may be helpful if you can join some meetings with the CAMHS worker.

For further information on WAMHS and the MHST and how we will securely store information as part of WAMHS, please see the attached leaflet. This information is also available on the school website.

If you have any queries about WAMHS, please contact Dr Donna Oxley, Clinical Team Lead [donna.oxley@nhs.net](mailto:donna.oxley@nhs.net).

If you have any queries about MHST, please contact Dr Deborah Kemp, Clinical Team Lead [Deborah.kemp2@nhs.net](mailto:Deborah.kemp2@nhs.net) or Tasha D'Aguiar, Deputy Clinical Team Lead on [Natasha.daguiar@nhs.net](mailto:Natasha.daguiar@nhs.net)

Yours faithfully



Seema Bibi  
Designated Mental Health Lead



Mr Gregory Logan  
Head of School



Robin Warren  
Executive Head Teacher